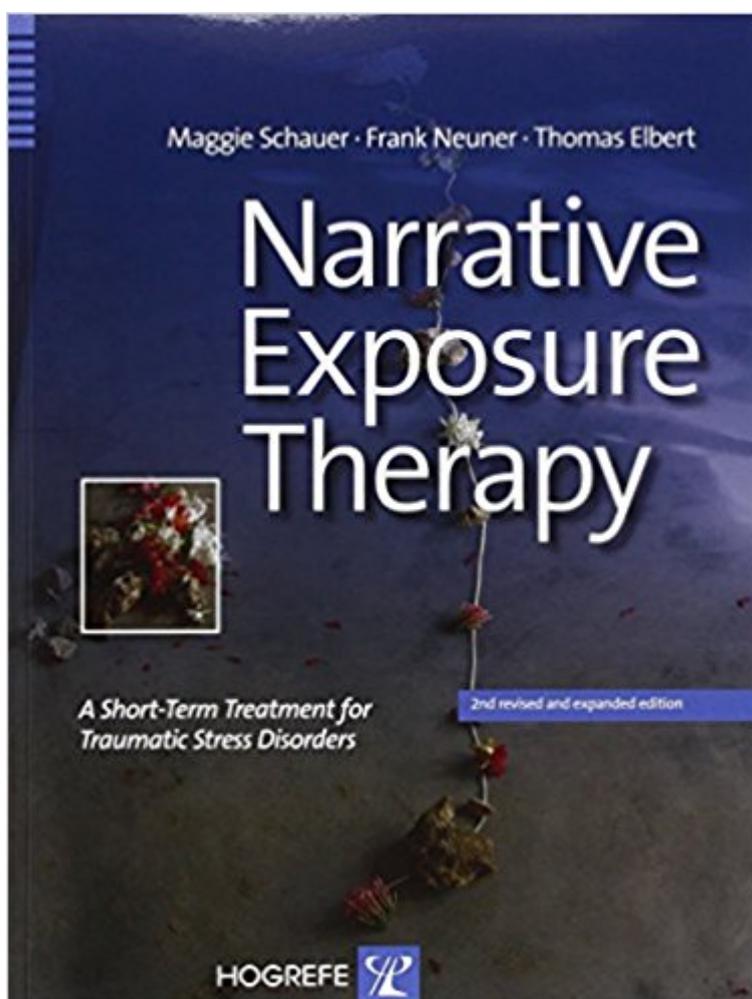


The book was found

Narrative Exposure Therapy: A Short-Term Treatment For Traumatic Stress Disorders



Synopsis

New edition of the Narrative Exposure Therapy manual, an effective, short-term, culturally universal intervention for trauma victims - including the latest insights and new treatments for dissociation and social pain. Narrative Exposure Therapy (NET) is a successful and culturally universal intervention for the treatment of survivors of multiple and severe traumatic events, such as organized violence, torture, war, rape, and childhood abuse. Field tests in contexts of ongoing adversity and disaster areas, as well as controlled trials in various countries, have shown that three to six sessions can be sufficient to provide considerable relief. The new edition of the clearly structured and easy-to-follow NET manual now includes the latest insights and new treatments for dissociation and social pain. The first part of the book describes the theoretical background. The second part shows how to use the NET approach step by step, with practical advice and tools, including how to deal with special issues (such as dealing with challenging moments, defense mechanisms for the therapist, and ethical issues). Appendices include an informed consent form, and checklists for the therapist.

Book Information

Paperback: 112 pages

Publisher: Hogrefe Publishing; 2 edition (July 15, 2011)

Language: English

ISBN-10: 0889373884

ISBN-13: 978-0889373884

Product Dimensions: 8.3 x 0.4 x 10.8 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #525,997 in Books (See Top 100 in Books) #324 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Mental Health](#) #416 in [Books > Textbooks > Social Sciences > Psychology > Neuropsychology](#) #478 in [Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder](#)

Customer Reviews

I obtained this manual as preparation for a stint as a volunteer mental health specialist in Northern Uganda. It is not only well written and researched thoroughly, but it presents a treatment protocol that can reach many more clients than the traditional methods I know. Additionally, it must make changes in the brain that enable memories to be coherent and linked to experience rather than intrusive and disruptive. Years ago I developed - by the seat of my pants so-to-speak, a version of

the same thinking/method while working with some foster children who had difficult backgrounds and multiple placements.. How I wish i had had this method to guide my thinking at that time.. Then I might have made more progress before these children were yanked away, once again, to another foster home.

This book provided a visual way of processing traumatic life experiences to promote healing. Worth every penny. Awesome clinical resource.

I am a Narrative therapist and have used this technique with clients with success. Clearly written, easy to follow.

Very good.

This is a fascinating and essential read for anyone interested in trauma, PTSD, memory theory, or story.

[Download to continue reading...](#)

Narrative Exposure Therapy: A Short-Term Treatment for Traumatic Stress Disorders
The Oxygen Revolution: Hyperbaric Oxygen Therapy: The New Treatment for Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury, Stroke, Autism and More
Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality)
Prolonged Exposure Therapy for PTSD: Emotional Processing of Traumatic Experiences (Treatments That Work)
The Oxygen Revolution, Third Edition: Hyperbaric Oxygen Therapy: The Definitive Treatment of Traumatic Brain Injury (TBI) & Other Disorders
Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety
Treating Complex Traumatic Stress Disorders (Adults): Scientific Foundations and Therapeutic Models
Compassion Fatigue: Coping With Secondary Traumatic Stress Disorder In Those Who Treat The Traumatized (Psychosocial Stress Series)
Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books)
Emotion Efficacy Therapy: A Brief, Exposure-Based Treatment for Emotion Regulation
Integrating ACT and DBT
Protect Your Life in the Sun: How to Minimize Your Exposure to Ultraviolet Sunlight and Prevent Skin Cancer and Eye Disorders
Epilepsy: Cure - What You Need to Know about Epilepsy: Therapy, Diagnosis, Treatment, Diet, Signs, Symptoms and Medication

(Epilepsy Books - Epilepsy Therapy ... Treatment - Epilepsy in children Book 1) Speech Therapy for Kids : Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) Articulation and Phonological Disorders: Speech Sound Disorders in Children (7th Edition) (Allyn & Bacon Communication Sciences and Disorders) Adult Incontinence: Pelvic cures - A Guide to delay incontinence onset, home remedies to improve urinary retention (Disorders that affect daily living, ... disorders, urinary disorders Book 1) Daring to Challenge OCD: Overcome Your Fear of Treatment and Take Control of Your Life Using Exposure and Response Prevention The PTSD Workbook: Simple, Effective Techniques for Overcoming Traumatic Stress Symptoms Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience through Attachment, Self-Regulation, and Competency Post-Traumatic Stress Disorder For Dummies Growing Beyond Survival: A Self-Help Toolkit for Managing Traumatic Stress, Second Edition

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)